

Helping you go further, faster and safer . . .

**Adventure<sup>®</sup>  
Medical  
Kits**

**BE SAFE™**





BE SAFE

## Help your customers enjoy the outdoors safely . . .

Our playing fields are often located far from the modern amenities that we take for granted – electricity, telephones, running water, and ready access to professional medical help. Consequently the need to be self-sufficient in the outdoors is essential, especially during an emergency when assistance from rescue teams may be hours or days away. Selecting the right outdoor safety gear – products that have been tested to withstand the elements and that are intuitively designed so that they can be used easily by the layperson – can make all the difference when it matters most.

Adventure Medical Kits is dedicated to bringing you the most innovative products which will keep you safe in the outdoors. At Adventure Medical Kits, our love of the outdoors is matched only by our drive to create products that allow your customers to stay healthy on land, water and air. We rely on the expertise of world authorities in wilderness medicine and survival techniques to develop and refine our products year after year.

An adventurous spirit loves to explore. We hope the Adventure Medical Kits helps your customers enjoy those experiences and keep them coming back for more.

“The USARA chose the Adventure Medical Kit .7 as our official kit for several reasons. The kit is waterproof, ultra light yet contains all the essential first aid supplies we need..”

Troy Farrar – President USARA

## OUR EXPERTS

### Eric A. Weiss M.D.

Medical Consultant and Founder

- Assistant Professor, Emergency Medicine, Associate Director of Trauma, Stanford University Medical Center
- Past Member, Board of Directors, Wilderness Medical Society
- Author, *911 Wilderness Medicine*
- Author, *A Comprehensive Guide to Wilderness & Travel Medicine*
- Co-Author, *A Comprehensive Guide to Marine Medicine*
- Climber, kayaker, professional raft guide

### Michael Jacobs M.D.

Medical Consultant for the Marine Series

- MedSail Founder and Program Director Safety at Sea and Medicine for Mariners Conferences
- Medical Director, Vineyard Medical Services, Martha's Vineyard, MA
- USCG Licensed Captain
- Co-Author, *A Comprehensive Guide to Marine Medicine*
- Author, *Survival at Sea, Textbook of Wilderness Medicine*
- Coastal and offshore racing and cruising sailor, kayaker

**Eric Simonson** The expedition leader of the successful 1999 and 2001 Mallory Irvine Research Expedition to Mt. Everest. Eric co-authored the book, *Ghosts of Everest - The Search for Mallory and Irvine*. He is co-founder and Director of International Mountain Guide's climbing programs to the world's 8,000-meter peaks.

**Ed Viesturs** America's leading high altitude mountaineer, having climbed many of the world's most challenging summits, including ascending Mount Everest six times. He most recently summited Annapurna, achieving his goal to climb all 14 of the world's highest mountains (above 8,000 meters) without the use of supplemental oxygen.

**Rebecca Rusch** One of the top adventure racers in the world and a worldclass paddler. Rebecca was named 2003 "Adventure Racer of the Year" at Competitor Magazine's 12th Annual Endurance Sports awards banquet.

**Team Nike®** The elite adventure racing team of Ian Adamson, Michael Tobin, Mike Kloser and others have dominated the adventure racing circuit over the past few years. They won the Primal Quest in 2002, 2003, 2004; the Eco-Challenge, New Zealand; and many others.



## SERIES FEATURES

### ALOKSACK™ WATERPROOF BAGS INSIDE!

Leakproof and airtight bags have been certified waterproof to 200 feet by the U.S. Navy! Made out of super stretch, high tenacity polymer film that is puncture resistant and has a cold crack rating of -40°C.

# Ultralight & Watertight For Multi-Sport Adventures



## ULTRALIGHT & WATERTIGHT .3

Recommended Uses • Mountain Biking  
• Day Hiking • Paddling

Group Size	1 Person
Trip Duration	1 Day
Weight	3oz
Size	4.5" x 3.75" x 1"
Product Code	2075-0293

Our lightest first aid kit weighs in at a mere 3 ounces. Offers basic wound and blister management supplies in a waterproof and ultra lightweight bag.



## ULTRALIGHT & WATERTIGHT .5

Recommended Uses • Hiking • Paddling  
• Skiing • Mountain Biking

Group Size	1 Person
Trip Duration	1 – 2 Days
Weight	4oz
Size	6" x 4" x 1"
Product Code	2075-0193

Carry this compact kit on one or two day solo trips when you want an ultra light, essentials kit.

## ULTRALIGHT & WATERTIGHT .7

Recommended Uses • 24- Hour Adventure Racing  
• Climbing • Paddling • Backpacking

Group Size	1 – 2 People
Trip Duration	1 – 4 Days
Weight	8oz
Size	6.5" x 5" x 2.5"
Product Code	2075-0191

Designed as a bare minimum ultra lightweight kit for two people, components weigh less than 9 ounces, yet still holds the most essential first aid supplies. A great kit if you are a multi-sport enthusiast looking for a universal lightweight kit.

## ULTRALIGHT & WATERTIGHT .9

Recommended Uses • Multi-Day Adventure Racing  
• Climbing • Canyoneering • Backpacking

Group Size	1 – 4 People
Trip Duration	1 – 4 Days
Weight	10oz
Size	8" x 5" x 3.5"
Product Code	2075-0289

This is the kit tested, abused and approved by adventure racers in the Eco Challenge, Primal Quest and Raid Galoiuses. This is your first aid kit if you are a multi-sport enthusiast who actively hikes, kayaks, mountain bikes, climbs or does other activities on a regular basis. Designed for life in the bottom of a pack, zippered nylon pouch has two inner Aloksak® pouches to ensure contents are kept clean and dry.

### ULTRALIGHT SILICONIZED RIPSTOP NYLON

Same material used in parachutes - so you know it's tough. Strong, yet light weight material keeps first-aid supplies protected from the elements. Sheers, see through fabric makes it easy to find what you need.

### BACKCOUNTRY WOUND CLEANING AND CLOSURE

A powerful system for cleaning and closing wounds in the backcountry. Includes irrigation syringe with 18 gauge plastic tip, hospital quality wound closure strips, and tincture benzoin.

## CONTENTS

	U & W .3	U & W .5	U & W .7	U & W .9
<b>Essentials</b>				
Splinter Picker / Tick Remover Forceps		1	1	1
Duct Tape, 2" x 100"			1	1
Duct Tape, 2" X 50"		1		
Safety Pins	2	3	3	3
EMT Shears				1
Scissors		1	1	
<b>Wound Care</b>				
Syringe, Irrigation, 10cc, 18 Gauge Tip			1	1
Tincture of Benzoin Topical Adhesive, Vial		1	2	1
Wound Closure Strips, ¼" x 4", Pkg 10			1	1
Bandage, Butterfly Closure		2		
After Cuts & Scrapes® Wipe		3	3	5
Gloves, Nitrile (Pair)			1	1
<b>Bandage Materials</b>				
Bandage, Adhesive, Fabric, 1" x 3"		5	4	4
Bandage, Adhesive, Fabric, Knuckle			3	2
Bandage, Conforming Gauze, Non-Sterile, 2"			1	1
Bandage, Conforming Gauze, Non-Sterile, 3"				1
Bandage, Elastic with Velcro® Closure, 2"				1
Bandage, Elastic, Co-Adhesive, Self Adhering 2"				1
Bandage, Stockinette Tubular, 1" x 4"				2
Dressing, Gauze, Sterile, 2" x 2", Pkg 2		4	2	2
Dressing, Gauze, Sterile, 3" x 3", Pkg 2			2	2
Tape, 1" x 10 Yards				1
Tape, ½" x 10 Yards		1	1	
Cotton Tip Applicator, Pkg 2				1
<b>Blister Materials</b>				
Moleskin, 4" x 7"				1
Moleskin, 3" x 4"			1	
Moleskin, 2" x 2.5"		1		
After Bite® Sting And Itch Relief Wipe		2	2	2
<b>Other</b>				
Aloksak™ Waterproof Bag, 6" x 9"				2
Aloksak™ Waterproof Bag, 6.75" x 6"				2
Aloksak™ Waterproof Bag, 4.5" x 7"			1	
Resealable Plastic Bag		1		

# Light & Fast

## For Backpackers, Hikers & Families

### CONTENTS

#### MEDICAL INFORMATION/ INSTRUMENT/MEDICATION

	Personal	Trail	Adventurer
Instructions, Easy Care™ Medications	1	1	1
Comprehensive Guide to Wilderness & Travel Medicine		1	1
Guide to Wilderness First Aid Pamphlet	1		
Splinter Picker/Tick Forceps Remover	1	1	1
Safety Pins	3	3	3
After Bite® Sting & Itch Relief Wipe	2	2	

#### BLEEDING

	Personal	Trail	Adventurer
Instructions, Easy Care™, Bleeding	1	1	1
Trauma Pad, 5" x 9"		1	1
Gloves, Nitrile (Pair)	1	1	1

#### WOUND CARE/BLISTER/SPRAIN

	Personal	Trail	Adventurer
Instructions, Easy Care™, Wound	1	1	1
Syringe, Irrigation, 10cc, 18 Gauge Tip			1
Tincture of Benzoin Topical Adhesive	1	1	1
After Cuts & Scrapes® Wipe	4	4	4
Bandage, Adhesive, Fabric, 1" x 3"	3	4	5
Bandage, Adhesive, Fabric, Knuckle	2	2	3
Bandage, Butterfly Closure	2	3	4
Bandage, Conforming Gauze, Non-Sterile, 2"	1	1	
Bandage, Elastic, Co-hesive, Self Adhering, 2"			1
Dressing, Gauze, Sterile, 2" x 2", Pkg 2	1	2	2
Dressing, Gauze, Sterile, 3" x 3", Pkg 2	2	2	3
Dressing, Non-Adherent, Sterile, 3" x 4"	1	2	2
Cotton Tip Applicator, Pkg 2	1	2	2
Moleskin, 3" x 4"	1		
Moleskin, 4" x 7"		1	1
Tape, ½" x 10 Yards	1	1	1

### LIGHT & FAST PERSONAL

Recommended Uses • Hiking • Climbing  
• Mountain Biking

Group Size	1 Person
Trip Duration	1 – 2 Days
Weight	5oz
Size	7" x 4.5" x 1.25"
Product Code	2075-0993

Small enough to carry on you at all times, yet large enough to include many basic items to treat common outdoor ailments. This kit should be your constant outdoor companion.

### LIGHT & FAST TRAIL

Recommended Uses • Weekend Backpacking  
• Hiking • Family Camping

Group Size	1 - 3 People
Trip Duration	1 – 3 Days
Weight	12oz
Size	7.5" x 4.5" x 2.25"
Product Code	2075-0192

Our lightest kit featuring the Easy Care™ system won't let you down when you need it. Super lightweight design with enough components to care for you and a friend. Don't hit the trail without it.



### LIGHT & FAST ADVENTURER

Recommended Uses • Weekend Backpacking • Hiking • Family Camping

Group Size	1 – 5 People
Trip Duration	1 – 5 Days
Weight	13oz
Size	7" x 6" x 2.5"
Product Code	2075-0194

Whether you're backpacking in the mountains or hiking in a national park, with your family, this kit won't weigh you down while keeping you ready to give fast and effective first aid. If you are ever more than a day from help – this is the minimum you should carry.

## LIGHT & FAST FEATURES

#### ULTRALIGHT SILICONIZED RIPSTOP NYLON

Same material used in parachutes - so you know it's tough. Strong, yet lightweight material keeps first-aid supplies protected from the elements. Sheer, see through fabric makes it easy to find what you need.

## MUTUAL FEATURES

#### EASY CARE™ FIRST-AID SYSTEM ORGANISATION BY INQUIRY

Organised hospital quality supplies and instructions into injury specific compartments for fast effective results. Helps anyone confidently and quickly administer first aid.



#### LIGHT & FAST/ MOUNTAIN

#### DOCTOR INSIDE! A COMPREHENSIVE GUIDE TO WILDERNESS & TRAVEL MEDICINE

By Eric A. Weiss, MD.  
The most up-to-date information on wilderness travel and medicine. Includes: "Weiss Advice" improvised techniques; "When to Worry" tips; 97 illustrations; medical supplies for extended expeditions; and information on how to use the components in your kit.

# Mountain

## For Expeditions & Backcountry Adventures



### WEEKENDER

- Recommended Uses • Backcountry Trips  
 • Hiking/Backpacking • Camping  
 • 72 Hour Emergency Kit

Group Size	1 – 6 People
Trip Duration	1 – 7 Days
Weight	1lb 10oz
Size	8.5" x 7" x 4"
Product Code	2075-0118

Built with weekend adventurers in mind, this kit includes a variety of medical essentials in an affordable, organised package. Perfect for small groups going on short adventures.



### FUNDAMENTALS

- Recommended Uses • Backcountry Guiding  
 • Group Leaders • Camping  
 • 72 Hour Home Emergency Kit

Group Size	1 – 8 People
Trip Duration	1 – 14 Days
Weight	2lbs 5oz
Size	9" x 8" x 5.5"
Product Code	2075-0120

The popularity of this kit stems from its powerful component package, lightweight, organised design and affordable price. This kit has everything that a backcountry guide, outfitter or trip leader would want in a medical kit for a short outing. Upgrades from the Weekender include increased quantities of components to care for a larger group, and a SAM® splint.



### CONTENTS

	Weekender	Fundamentals
<b>Bleeding/CPR</b>		
Instruction, Easy Care™, Bleeding	1	1
CPR Face Shield, Laerdal®	1	1
Trauma Pad, 8" x 10"	1	1
Trauma Pad, 5" x 9"	1	1
Gloves, Nitrile (Pair), One Hand Wipe	1	1
<b>Fracture/Sprain</b>		
Instructions, Easy Care™, Fractures/Sprains	1	1
Sam® Splint, 4" x 36"		1
Bandage, Elastic with Velcro® Closure, 3"	1	1
Bandage, Triangular	1	1
<b>Medical Information/Instrument/Medication</b>		
Instructions, Easy Care™, Medications	1	1
Comprehensive, Guide to Wilderness & Travel Medicine	1	1
EMT Shears, 4"	1	1
Splinter Picker/Tick Remover Forceps	1	1
Thermometer, Disposable, (96°F to 104.8°F)	3	
Thermometer, Digital, (90°F to 105°F)		1
Duct Tape, 2" x 5 Yards	1	1
After Bite® Sting and Itch Relief Wipe	2	
Patient Assessment Form	1	1
Pencil	1	1
Plastic Vial, Flip-Top, Large		2
Safety Pins	3	3
<b>Wound Care/Burn/Blister</b>		
Instructions, Easy Care™, Wound	1	1
Syringe, Irrigation, 20cc, 18 Gauge Tip	1	1
Wound Closure Strips, ¼" x 4", Pkg 10	1	1
Tincture of Benzoin Topical Adhesive, Swab	2	2
After Cuts & Scrapes® Wipe	6	6
Bandage, Adhesive, Fabric, 1" x 3"	5	8
Bandage, Adhesive, Fabric, Knuckle	5	5
Bandage, Conforming Gauze, Non-Sterile, 3"	2	2
Bandage, Non-Woven Adhesive, 4" x 7"	1	1
Bandage, Stockinette Tubular, 1" x 4"		1
Dressing, Gauze, Sterile, 2" x 2", Pkg 2	2	2
Dressing, Gauze, Sterile, 4" x 4", Pkg 2	2	3
Dressing, Non-Adherent, Sterile, 3" x 4"	2	3
Dressing, Spenco 2nd® Skin, 2" x 1 ½"	1	2
Cotton Tip Applicator, Pkg 2	1	2
Moleskin, 4" x 7"	1	1
Tape, 1" x 10 Yards	1	1

## MOUNTAIN FEATURES

### BACKCOUNTRY WOUND CLEANING AND CLOSURE

A powerful system for cleaning and closing wounds in the backcountry. Includes irrigation syringe with 18 gauge plastic tip, hospital quality wound closure strips, and tincture benzoin. *Not included in Fast & Light Trail or Fast & Light Personal.*

### SAM® SPLINT

Lightweight, foam padded aluminum splint can be hand moulded to fit any extremity. 30" x 4". Not affected by cold or heat.

### CLEAR VIEW WINDOWS EXTREME

New urethane windows are cold crack tested to -28.9°C and heat tested to 60°C. Clear view windows allow you to easily see and find items in the pocket. Lifetime replacement guarantee!

# Marine Series

## For Coastal & Inland Waters



### MARINE 100

Crew Size	1 – 4 People
Vessel Type	Fishing, Recreational, Paddle Sports, Personal Watercraft
Voyage Type	Inland Waters, Lake & River
Weight	12oz
Size	9" x 7" x 2"
Product Code	2075-0100

An economical kit to keep on any boat – keep it handy for unexpected emergencies while cruising on the lake, waterskiing or fishing.



### MARINE 250

Crew Size	1 – 6 People
Vessel Type	Fishing, Recreational, Runabouts, Pontoons, Personal Watercrafts
Voyage Type	Saltwater, Inland Waters, Lake & River
Weight	1lb 7.5oz
Size	9" x 6" x 4.5"
Product Code	2075-0250

The Marine 250 first-aid supplies are organized within a water-resistant, thermo-formed case. The thermo-formed case is a hard, yet soft case which provides additional protection for the kits' components. And it floats!!



### MARINE 300

Crew Size	1 – 6 People
Vessel Type	Recreational, Water Skiing, Pontoons, Personal Watercraft
Voyage Type	Saltwater, Inland Waters, Lake & River
Weight	1lb 14oz
Size	8.5" x 5.5" x 4.5"
Product Code	2075-0300

Ideal kit for close to shore saltwater or freshwater trips. Major upgrades from the Marine 200 include, two person emergency reflective blanket, wound cleaning and closing system, bandage scissors, After Sting® Jelly Fish solution, and more.



### MARINE 1000

Crew Size	Small
Vessel Type	Coastal Recreational & Commercial Motor & Sailing Boats
Voyage Type	Less than 24 hours from medical care
Weight	6lb 2oz
Size	15" x 10" x 5.5"
Product Code	2075-1000

Designed for short offshore adventures, this kit contains all of the components you would need to care for a crew of ten if medical care was 12 – 24 hours away.

*"Thanks to its superb organization, this kit would be the easiest to use in an emergency. It's also the most complete in contents, with the most robust container, and a very attractive price. It's our Best Choice"*

Practical Sailor – April 2008 (Re: Marine 250)

### CONTENTS

	100	250	300	1000
<b>MEDICAL INFORMATION/CPR/ INSTRUMENT/MEDICATION</b>				
Comprehensive Guide to Marine Medicine		1	1	1
Instructions, Easy Care™ Medications			1	
Instructions, Easy Care™ CPR & Instruments				1
CPR Face Shield, Laerdal®				1
Life Threatening Emergencies Pamphlet	1			
After Bite™ Sting and Itch Relief Wipe	1	3	2	
After Sting® Jelly Fish, 1.5ml				1 1
After Sting® Jelly Fish, 1.25oz				2
Splinter Remover/Tick Remover Forceps	1	1	1	1
EMT Shears, 4"				1
Safety Pins	2		3	4
Tape, 1" x 10 Yards				1
Tape, ½" x 10 Yards	1	1	1	1
Thermometer, Disposable, (96°F to 104.8°F)				3
Airway, Oral, (Set of 6 sizes)				1
Cotton Tip Applicator Pkg 2	1		2	2
Gloves, Nitrile (Pair)	1		1	1
Gloves, Nitrile (Pair) One Hand Wipe			1	
Gloves, Nitrile (2 Pair) Two Hand Wipes				2
Scissors, Bandage with Blunt Tip			1	
Patient Assessment Form				1
Pencil				1
<b>BLEEDING</b>				
Instructions, Easy Care™, Bleeding	1	1	1	
Emergency Reflective Blanket, 60" x 96"			1	
Trauma Pad, 8" x 10"				1
Trauma Pad, 5" x 9"		1	1	1
Infectious Control Bag				1
<b>WOUND CARE/SPRAIN/BLISTER</b>				
Instructions, Easy Care™, Wound	1	1	1	
Instructions, Easy Care™, Fractures/Sprains				1 1
Syringe, Irrigation, 20cc, 18 Gauge Tip				1 1
Wound Closure Strips, ¼" x 4", Pkg 10				1 1
SAM® Splint, Finger		1		1
SAM® Splint, 4" x 36"				1
Tincture of Benzoin Topical Adhesive, Swab				1 3
Bandage, Butterfly Closure	2	4		
After Cuts & Scrapes® Wipe	4	6	12	12
Dressing, Non-Adherent, Sterile, 3" x 4"	2	2	3	4
Dressing, Gauze, Non Sterile, 4" x 4"				10
Dressing, Gauze, Sterile, 4" x 4" Pkg 2	2		4	
Dressing, Gauze, Sterile, 3" x 3" Pkg 2		4		5
Dressing, Gauze, Sterile, 2" x 2" Pkg 2				5
Dressing, Transparent, 4" x 4 ¾"				1
Dressing, Transparent, 2 ¾" x 2 ¾"				1
Eye Pad, Sterile				1 1
Bandage, Conforming Gauze, Non-Sterile, 3"				2
Bandage, Conforming Gauze, Non-Sterile, 2"	1		2	
Bandage, Stockingette Tubular, 1" x 4"				1
Bandage, Adhesive, Fabric, 2" x 4.5"				2
Bandage, Adhesive, Fabric, 1" x 3"	7	5	15	10
Bandage, Adhesive, Fabric, Knuckle	3	5	5	10
Bandage, Adhesive, Fabric, Fingertip		5	5	10
Bandage, Elastic, Co-Adhesive, Self Adhering, 2"		1		
Bandage, Elastic, Co-Adhesive, Self Adhering, 3"				1
Bandage, Elastic with Velcro® Closure, 3"				1
Bandage, Elastic with Velcro® Closure, 4"				1
Bandage, Waterproof Adhesive, Assorted, 30pc				6
Bandage, Triangular				2
Moleskin, 4" x 7"				1 1
Moleskin, 2" x 2.5"		3		
Cold Pack		1	1	1
Tongue Depressor, Wooden				2
<b>BLISTER/BURN</b>				
Instructions, Marine Easy Care™, Burn				1
Dressing, Spenco 2nd® Skin, 2" x 1 ½"				1
Dressing, Spenco 2nd® Skin, 3" x 4"				1
Bandage, Non Woven Adhesive, 4" x 7"				1

## SERIES FEATURES

### MARINE KITS 1000 - 250 CONTAIN DOCTOR INSIDE! A COMPREHENSIVE GUIDE TO WILDERNESS & TRAVEL MEDICINE

By Eric A. Weiss, MD. The most up-to-date information on wilderness travel and medicine. Includes: "Weiss Advice" improvised techniques; "When to Worry" tips; 97 illustrations; medical supplies for extended expeditions; and information on how to use the components in your kit.

# Footcare For Blister Prevention

## GLACIERGEL

Weight	1.5oz
Size	10" x 5.5" x 3"
Product Code	0155-0552



GlacierGel Advanced Blister and Burn Dressings benefit from patented second-generation hydrogel technology. The waterproof, breathable adhesive gels are highly cushioning, cooling and absorbent which provides instant and complete pain relief. GlacierGel contains 50% water and provides an instant and effective cushion against subsequent friction to the sensitive skin. Will stay in place 3-4 days.

## MOLESKIN

Weight	1.5oz
Size	10" x 5.5" x 3"
Product Code	0155-0400



Adventure Medical Kits' new super-soft, super adhesive moleskin is also user friendly with its pre-cut shapes and sizes for quick and easy application. The larger oval shape pieces include pre-cut inner holes for creating a 'donut' for the blister to fit in.

## BLISTER MEDIC

Weight	1.9oz
Size	10" x 5.5" x 3"
Product Code	0155-0667



Adventure Medical Kits' improved Blister Medic rounds out the blister of family products by combining GlacierGel, Moleskin, antiseptic towelettes and alcohol wipes into one complete ultralight foot care kit with 15 dressings and 15 wipes. Ideal if you are taking care of a group of hikers or your family.

*"The Pocket Survival Pak is a well thought out tool that should be in every sportsman's pack. It's our Best Choice"*

American Rifleman, February 2007 (Re: Pocket Survival Pack)

## Survival Survival Essentials



## THERMOLITE 2 BIVVY

Weight	6.9oz
Size	36" x 84"
Product Code	0140-0223



Our number 1 selling survival item for the past five years! This year round bivvy sack is ideal as a lightweight replacement for your sleeping bag when temperatures are above 50°F/9°C and an excellent emergency survival shelter for winter time activities.



## HEATSHEETS EMERGENCY BIVVY

Weight	3.5oz
Size	36" x 84"
Product Code	0140-0138



Ideal for those occasions when you take the wrong turn and are forced to spend the unexpected night out, and for those essential survival situations.



## HEATSHEETS SURVIVAL BLANKET

Weight	2.88oz
Size	60" x 96"
Product Code	0140-0701

Survival and first-aid instructions are printed directly on the blanket – you will have them when you need them! Features BRIGHT ORANGE EXTERIOR . . . an easy to spot universal distress colour for rescue! Reflects up to 90% of radiated body heat. Easy to open and fold. Quiet. Tear resistant. Flat shape makes it easy to pack.

## POCKET SURVIVAL PAK

Weight	3.9 oz
Size	4" x 5" x 0.652"
Product Code	0140-0707



A pocket survival kit that really could save your life! The Pocket Survival Pak™ contains a collection of survival tools for when you find yourself abandoned, stranded, or lost in the outdoors. Keep it in your pocket, or on your person, because, "If it isn't with you, it can't save you." The Pocket Survival Pak™ is for backpackers, hunters, pilots, snowmobilers, hikers, or anyone who enjoys the great outdoors! Designed by Doug Ritter, Executive Director of the Equipped to Survive Foundation.

## SOL SURVIVAL PAK

Weight	5.4oz
Size	3.75" x 6" x 1"
Product Code	0140-0727



The new S.O.L. (Survive Outdoors Longer) Survival Pak takes the critical survival items and packages them in an ultralight, waterproof drybag. S.O.L. Survival Kit includes: Compass, Mini Rescue Flash Signal Mirror, Slim Rescue Howler Whistle, Waterproof and Windproof Survival Matches, Waterproof Tinder-Quik™, Heatsheets Survival Blanket, Survival Fishing Kit and Duct Tape.



## HEATSHEETS BLANKET

Weight	2.5oz
Size	56" x 84"
Product Code	0140-0222

More compact, lightweight design features a quieter, more durable polyethylene material. Reflects 90% of your body heat. Fits one person.

## RESCUE HOWLER

Weight	0.5 oz
Size	2 1/8" h x .25" w
Product Code	0140-0002



Developed exclusively for the Pocket Survival Pak™ by Fox 40® this new, ultra-light whistle is extremely loud. Exceeds SOLAS and U.S. Coast Guard specifications triple-frequency with dual lanyard hole.

## RESCUE FLASH SIGNAL MIRROR

Weight	0.32 oz
Size	3" h x 2" w
Product Code	0140-0003



Developed by Adventure® Medical Kits exclusively for the Pocket Survival Pak™. Visible over 20 miles, durable LEXAN® polycarbonate mirror with mil-spec retro-reflective aiming aid for one-handed use.

## SPARK LITE FIRESTARTER

Weight	0.32oz
Size	2.33" h x .25" w
Product Code	0140-0001



Spark-Lite™ is a water-proof official military firestarter, usable one-handed and tested for over 1,000 sparks. Tinder-Quik™ is waterproof and burns for 2-3 minutes giving you plenty of time to light a fire.